SCHOOL·BASED
HEALTH ALLIANCE
Redefining Health for Kids and Teens

Tool- School-Wide Wellness Action Plan

Now that your school wellness team assessed the conditions for school-wide wellness, the next step is to develop an action plan together. The school-wide wellness action plan will serve as the guide to addressing the priority areas and conditions for wellness you identified during your data analysis. The action plan should include objectives, strategies, timelines, persons responsible, and indicators for evaluation.

Directions

Step 1: Use the information from your needs assessments, environmental scans, and asset maps to summarize the health and educational risks or factors, and the social determinants of health.

Step 2: Identify priority areas that emerge from the data above. These should address the conditions your wellness team identified that are necessary for school-wide wellness (e.g. safe schools and neighborhoods, food security and healthy eating, opportunities for recreation and fitness, healthy relationships, social and emotional wellness, positive school climate, access to services and supports, parent and family engagement).

Step 3: With your team, develop strategies that will serve as the steps towards addressing the priority area. Be sure to describe each strategy. What audience will you target with each strategy? Is the strategy one time or ongoing? Is it a program, policy, or procedure?

Step 4: Write an objective for each strategy that will aim to improve the current situation. Effective objectives are SMART: **S**pecific, **M**easurable, **A**chievable, **R**ealistic, and **T**ime-bound. The objective can focus on programming and interventions, policy and procedure changes, as well as communications and marketing.

Step 5: Indicate how you will evaluate whether the objective was achieved.

Step 6: Identify the key person(s) responsible for each activity under the corresponding objective.

Step 7: Assign a timeline for each of strategy.

Priority Area 1

	% at risk and qualitative observations
Identified health factors:	
Identified educational factors:	
Identified social determinants:	

Description of priority area based on data above:

Strategies	Objective	Evaluation Indicator(s) / Outcome (s)	Key Person(s)/ Partner (s) Responsible	Timeline
Strategy 1:				
Strategy 2:				
Strategy 3:				
Strategy 4:				
Strategy 5:				

Priority Area 2				
% at risk and qualitative observations				
Identified health factors:				
Identified educational factors:				
Identified social determinants:				
Description of priority area based on data above:				
Strategies	**Objective**	**Evaluation Indicator(s) / Outcome (s)**	**Key Person(s)/ Partner (s) Responsible**	**Timeline**
Strategy 1:				
Strategy 2:				
Strategy 3:				
Strategy 4:				
Strategy 5:				

Priority Area 3				
	% at risk and qualitative observations			
Identified health factors:				
Identified educational factors:				
Identified social determinants:				
Description of priority area based on data above:				
Strategies	**Objective**	**Evaluation Indicator(s) / Outcome (s)**	**Key Person(s)/ Partner (s) Responsible**	**Timeline**
Strategy 1:				
Strategy 2:				
Strategy 3:				
Strategy 4:				
Strategy 5:				