Hand Washing Activity

**ACTIVITY |** Hand Washing Pledge

**GRADE LEVEL |** Pre-kindergarten and kindergarten

**ESTIMATED TIME |** 30 minutes

**OBJECTIVE |** To teach students how to prevent passing germs to others.

**MATERIALS**

- □ Copy of the handwashing pledge, 1 for every student
- □ Copies of the germ decorating cutouts, 1 for every 4 students
- □ Scissors
- □ Glue
- □ Crayons, markers, and/or colored pencils
- □ Any other decorating materials

**ACTIVITY INSTRUCTIONS**

**Step 1**
Provide a handwashing demonstration and explain that washing hands helps everyone stay healthy. Tell students that each one of them will get to make a pledge to make sure and not spread their germs.

**Step 2**
Provide a copy of the pledge for every student.

**Step 3**
Instruct the students to pick a name for their germ.

**Step 4**
Assist students in writing his/her name, the school’s name, and the name of the germ on the pledge.

**Step 5**
Assist students in cutting out eyes, eyebrows, a nose and a mouth to decorate their germ.

**Step 6**
Display the pledges in the classroom.
I, __________________, pledge to stop __________________ from

 (insert student name) (insert germ name)

traveling around my __________________ by washing my

 (insert place—ie. school, house, etc.)

hands with warm water and soap for 20 seconds.

My germ’s name is: ________________________